Bhaja Govindam

Verse 1

bhaja govindaṃ bhaja govindaṃ govindaṃ bhaja mūḍhamate . samprāpte sannihite kāle nahi nahi rakṣati ḍukṛṅkaraṇe

Worship Govinda, worship Govinda, worship Govinda, Oh fool ! Rules of grammar will not save you at the time of your death.

Verse 2

mūḍha jahīhi dhanāgamatṛṣṇāṃ kuru sadbuddhiṃ manasi vitṛṣṇām . yallabhase nijakarmopāttaṃ vittaṃ tena vinodaya cittam

Oh fool ! Give up your thirst to amass wealth, devote your mind to thoughts to the Real. Be content with what comes through actions already performed in the past.

Verse 3

nārīstanabharanābhīdeśaṃ dṛṣṭvā mā gā mohāveśam . etanmāṃsavasādivikāraṃ manasi vicintaya vāraṃ vāram

Do not get drowned in delusion by going wild with passions and lust by seeing a woman's navel and chest.

These are nothing but a modification of flesh. Fail not to remember this again and again in your mind.

Verse 4

nalinīdalagatajalamatitaralam tadvajjīvitamatiśayacapalam . viddhi vyādhyabhimānagrastam lokam śokahatam ca samastam The life of a person is as uncertain as rain drops trembling on a lotus leaf. Know that the whole world remains a prey to disease, ego and grief.

Verse 5

yāvadvittopārjanasaktastāvannijaparivāro raktaḥ . paścājjīvati jarjaradehe vārtāṃ ko'pi na pṛcchati gehe

So long as a man is fit and able to support his family, see what affection all those around him show. But no one at home cares to even have a word with him when his body totters due to old age.

Verse 6

yāvatpavano nivasati dehe tāvatpṛcchati kuśalaṃ gehe . gatavati vāyau dehāpāye bhāryā bibhyati tasminkāye

When one is alive, his family members enquire kindly about his welfare. But when the soul departs from the body, even his wife runs away in fear of the corpse.

Verse 7

bālastāvatkrīḍāsaktaḥ taruṇastāvattaruṇīsaktaḥ . vṛddhastāvaccintāsaktaḥ parame brahmaṇi ko'pi na saktaḥ (var. pare)

The childhood is lost by attachment to playfulness. Youth is lost by attachment to woman. Old age passes away by thinking over many things. But there is hardly anyone who wants to be lost in parabrahman.

Verse 8

kā te kāntā kaste putraḥ saṃsāro'yamatīva vicitraḥ . kasya tvaṃ kaḥ kuta āyātastattvaṃ cintaya tadiha bhrātaḥ Who is your wife ? Who is your son ? Strange is this samsAra, the world. Of whom are you ? From where have you come ? Brother, ponder over these truths.

Verse 9

satsaṅgatve nissaṅgatvaṃ nissaṅgatve nirmohatvam . nirmohatve niścalatattvaṃ niścalatattve jīvanmuktiḥ

From satsanga, company of good people, comes non-attachment, from non-attachment comes freedom from delusion, which leads to self-settledness. From self-settledness comes JIvan muktI.

Verse 10

vayasi gate kaḥ kāmavikāraḥ śuṣke nīre kaḥ kāsāraḥ . kṣīṇe vitte kaḥ parivāraḥ jñāte tattve kaḥ saṃsāraḥ

What good is lust when youth has fled ?What use is a lake which has no water ? Where are the relatives when wealth is gone ? Where is samsAra, the world, when the Truth is known ?

Verse 11

mā kuru dhanajanayauvanagarvam harati nimeṣātkālaḥ sarvam . māyāmayamidamakhilaṃ hitvā var budhvā brahmapadaṃ tvaṃ praviśa viditvā

Do not boast of wealth, friends, and youth. Each one of these are destroyed within a minute by time. Free yourself from the illusion of the world of Maya and attain the timeless Truth.

Verse 12

dinayāminyau sāyaṃ prātaḥ śiśiravasantau punarāyātaḥ . kālaḥ krīḍati gacchatyāyustadapi na muñcatyāśāvāyuḥ

Daylight and darkness, dusk and dawn, winter and springtime come and go. Time plays and life ebbs away. But the storm of desire never leaves.

kā te kāntā dhanagatacintā vātula kim tava nāsti niyantā . trijagati sajjanasangatirekā bhavati bhavārņavataraņe naukā

Oh mad man ! Why this engrossment in thoughts of wealth ? Is there no one to guide you ? There is only one thing in three worlds that can save you from the ocean of samsAra, get into the boat of satsanga, company of good people, quickly.

Verse 14

jațilo muṇḍī luñchitakeśaḥ kāṣāyāmbarabahukṛtaveṣaḥ . paśyannapi ca na paśyati mūḍho hyudaranimittaṃ bahukṛtaveṣaḥ

There are many who go with matted locks, many who have clean shaven heads, many whose hairs have been plucked out; some are clothed in orange, yet others in various colours --- all just for a livelihood. Seeing truth revealed before them, still the foolish ones see it not.

Verse 15

aṅgaṃ galitaṃ palitaṃ muṇḍaṃ daśanavihīnaṃ jātaṃ tuṇḍam . vṛddho yāti gṛhītvā daṇḍaṃ tadapi na muñcatyāśāpiṇḍam

Strength has left the old man's body; his head has become bald, his gums toothless and leaning on crutches.

Even then the attachment is strong and he clings firmly to fruitless desires.

Verse 16

agre vahniḥ pṛṣṭhe bhānuḥ rātrau cubukasamarpitajānuḥ . karatalabhikṣastarutalavāsastadapi na muñcatyāśāpāśaḥ Behold there lies the man who sits warming up his body with the fire in front and the sun at the back; at night he curls up the body to keep out of the cold; he eats his beggar's food from the bowl of his hand and sleeps beneath the tree.

Still in his heart, he is a wretched puppet at the hands of passions.

Verse 17

kurute gaṅgāsāgaragamanaṃ vrataparipālanamathavā dānam . jñānavihīnaḥ sarvamatena muktiṃ na bhajati janmaśatena (var. bhajati na muktiṃ)

One may go to Gangasagar, observe fasts, and give away riches in charity ! Yet, devoid of jnana, nothing can give mukti even at the end of a hundred births.

Verse 18

suramaṃdiratarumūlanivāsaḥ śayyā bhūtalamajinaṃ vāsaḥ . sarvaparigrahabhogatyāgaḥ kasya sukhaṃ na karoti virāgaḥ

Take your residence in a temple or below a tree, wear the deerskin for the dress, and sleep with mother earth as your bed.

Give up all attachments and renounce all comforts. Blessed with such vairgya, could any fail to be content ?

Verse 19

yogarato vā bhogarato vā saṅgarato vā saṅgavihīnaḥ . yasya brahmaṇi ramate cittaṃ nandati nandati nandatyeva

One may take delight in yoga or bhoga, may have attachment or detachment. But only he whose mind steadily delights in Brahman enjoys bliss, no one else.

Verse 20

bhagavadgītā kiñcidadhītā gaṅgājalalavakaṇikā pītā . sakṛdapi yena murārisamarcā kriyate tasya yamena na carcā

Let a man read but a little from bhagavadgItA, drink just a drop of water from the Ganges, worship but once murAri.

He then will have no altercation with Yama.

Verse 21

punarapi jananaṃ punarapi maraṇaṃ punarapi jananījaṭhare śayanam . iha saṃsāre bahudustāre kṛpayā'pāre pāhi murāre

Born again, death again, again to stay in the mother's womb ! It is indeed hard to cross this boundless ocean of samsAra.

Oh Murari ! Redeem me through Thy mercy.

Verse 22

rathyācarpaṭaviracitakanthaḥ puṇyāpuṇyavivarjitapanthaḥ . yogī yoganiyojitacitto ramate bālonmattavadeva

There is no shortage of clothing for a monk so long as there are rags cast off the road. Freed from vices and virtues, onward he wanders.

One who lives in communion with god enjoys bliss, pure and uncontaminated, like a child and as an intoxicated.

Verse 23

kastvaṃ ko'haṃ kuta āyātaḥ kā me jananī ko me tātaḥ . iti paribhāvaya sarvamasāram viśvaṃ tyaktvā svapnavicāram

Who are you ? Who am I ? From where do I come ? Who is my mother, who is my father ? Ponder thus, look at everything as essence-less and give up the world as an idle dream.

tvayi mayi cānyatraiko viṣṇurvyarthaṃ kupyasi mayyasahiṣṇuḥ . bhava samacittaḥ sarvatra tvaṃ vāñchasyacirādyadi viṣṇutvam

In me, in you and in everything, none but the same Vishnu dwells. Your anger and impatience is meaningless.

If you wish to attain the status of Vishnu, have samabhAva, equanimity, always.

Verse 25

śatrau mitre putre bandhau mā kuru yatnaṃ vigrahasandhau . sarvasminnapi paśyātmānaṃ sarvatrotsṛja bhedājñānam

Waste not your efforts to win the love of or to fight against friend and foe, children and relatives. See yourself in everyone and give up all feelings of duality completely.

Verse 26

kāmaṃ krodhaṃ lobhaṃ mohaṃ tyaktvā''tmānaṃ bhāvaya ko'ham . var paśyati so'ham ātmajñānavihīnā mūḍhāste pacyante narakanigūḍhāḥ

Give up lust, anger, infatuation, and greed. Ponder over your real nature. Fools are they who are blind to the Self.

Cast into hell, they suffer there endlessly.

Verse 27

geyaṃ gītānāmasahasraṃ dhyeyaṃ śrīpatirūpamajasram . neyaṃ sajjanasaṅge cittaṃ deyaṃ dīnajanāya ca vittam

Regularly recite from the Gita, meditate on Vishnu in your heart, and chant His thousand glories. Take delight to be with the noble and the holy. Distribute your wealth in charity to the poor and the needy.

sukhataḥ kriyate rāmābhogaḥ paścāddhanta śarīre rogaḥ . yadyapi loke maraṇaṃ śaraṇaṃ tadapi na muñcati pāpācaraṇam

He who yields to lust for pleasure leaves his body a prey to disease. Though death brings an end to everything, man does not give-up the sinful path.

Verse 29

arthamanarthaṃ bhāvaya nityaṃ nāstitataḥ sukhaleśaḥ satyam . putrādapi dhanabhājāṃ bhītiḥ sarvatraiṣā vihitā rītiḥ

Wealth is not welfare, truly there is no joy in it. Reflect thus at all times. A rich man fears even his own son. This is the way of wealth everywhere.

Verse 30

prāņāyāmaṃ pratyāhāraṃ nityānitya vivekavicāram . jāpyasametasamādhividhānaṃ kurvavadhānaṃ mahadavadhānam

Regulate the prANa-s, life forces, remain unaffected by external influences and discriminate between the real and the fleeting. Chant the holy name of God and silence the turbulent mind. Perform these with care, with extreme care.

Verse 31

gurucaraṇāmbujanirbharabhaktaḥ saṃsārādacirādbhava muktaḥ . sendriyamānasaniyamādevaṃ drakṣyasi nijahṛdayasthaṃ devam

Oh devotee of the lotus feet of the Guru ! May thou be soon free from Samsara. Through disciplined senses and controlled mind, thou shalt come to experience the indwelling Lord of your heart !

Appendix: Word meanings

Verse 1

bhaja = worship; govindam = Govinda; mūḍhamate = O, foolish mind!; samprāpte = (when you have) reached/obtained; sannihite = (in the) presence/nearness of; kāle = Time (here:Lord of Death, Yama); nahi = No; never; rakṣati = protects; dukṛṅkaraṇe = the grammatical formula DukRi.nkaraNe;

Verse 2

 $m\bar{u}dha = Oh fool!;$ jahīhi = jahi+iha, leave/give up+here(in this world); dhana = wealth; āgama = coming/arrival; tṛṣṇām = thirst/desire; kuru = Do, act; sadbuddhim = sat+buddhiM, good+awareness(loosely speaking:mind); manasi = in the mind; vitrsnām = desirelessness; yallabhase = yat+labhase, whatever+(you)obtain; nijakarma = nija+karma, one's+duty(normal work); upātta = obtained; vittam = wealth; tena = by that; with that; vinodaya = divert/recreate(be happy); cittam = mind;

Verse 3

nārī = woman; stanabhara = breasts that are(full-with milk); nābhīdeśaṃ = nAbhI+deshaM, navel+region/country; dṛṣṭvā = having seen;

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mā gā = mA+gA, Don't+go;
mohāveśaṃ = infatuated state(moha+AveshaM-seizure);
etat = this;
māṃsavasādi = flesh, fat, +etc;
vikāraṃ = appearance (generally, grotesque/ugly);
manasi = in the mind;
vicintaya = think well;
vāraṃ = again;
vāraṃ = and again;
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nalinīdalagata = nalinI+dala+gata, lotus+petal+reached/gone;
jalam = water(drop);
atitaralam = ati+tarala, very+unstable;
tadvat = like that;
jīvitam = life;
atišaya = wonderful;
capalam = fickle-minded;
viddhi = know for sure;
vyādhi = disease;
abhimāna = self-importance;
grastam = having been caught/seized;
lokam = world;people;
śokahatam = attacked(hata) by grief(shoka);
ca = and;
samastam = entire;
```

Verse 5

yāvat = so long as; vitta = wealth; upārjana = earning/acquiring; saktaḥ = capable of; tāvannija = tAvat+nija, till then+one's; parivāraḥ = family; raktaḥ = attached; paścāt = later; jīvati = while living(without earning); jarjara = old/digested (by disease etc); dehe = in the body; vārtām = word (here enquiry/inquiry); ko'pi = kaH+api, whosoever; even one; na = not; prcchati = inquires/asks/minds; gehe = in the house;

Verse 6

yāvat = so long as; pavanaḥ = air/breath; nivasati = lives/dwells; dehe = in the body; tāvat = till then; pṛcchati = asks/inquires; kuśalaṃ = welfare; gehe = in the house; gatavati = while gone; vāyau = air(life-breath); dehāpāye = when life departs the body; bhāryā = wife; bibhyati = is afraid;fears; tasminkāye = tasmin+kaye, in that body;

Verse 7

bālaḥ = young boy; tāvat = till then (till he is young); krīḍā = play; saktaḥ = attached/engrossed/absorbed; taruṇaḥ = young man; tāvat = till then; taruṇī = young woman; saktaḥ = attached/engrossed; vṛddhaḥ = old man; tāvat = till then; cintā = worry; saktaḥ = attached/engrossed/absorbed; parame = in the lofty;high;supreme; also pare brahmaṇi = Brahman ;God; ko'pi = whosoever; na = not; saktaḥ = attached/absorbed/engrossed;

Verse 8

kā te = kA+te, who+your; kāntā = wife; kaste = kaH+te, who+your; putrah = son; samsārah = world/family; ayam = this; atīva = great/big/very much; vicitrah = wonderful/mysterious; kasya = whose; tvam = you; kah = who; kutah = from where; āyātah = have come; tattvam = truth/nature; cintaya = think well/consider; tadiha = tat+iha, that+here; bhrātah = brother;

Verse 9

satsangatve = in good company; nissangatvam = aloneness/non-attachment/detachment; nirmohatvam = non-infatuated state/clear-headedness; niścalatattvam = tranquillity/imperturbability; jīvanmuktih = salvation+freedom from bondage of birth; vayasi gate = vayasi+gate, when age has advanced/gone;

Verse 10

kaḥ = who/what use(in the sense of kva?(where)); kāmavikāraḥ = sensual/sexual attraction; śuṣke = in the drying up of; nīre = water; kaḥ = what(use) is the; kāsāraḥ = lake;

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kṣīṇe = spent-up/weakened state of;
vitte = wealth;
kaḥ = what( use) for;
parivāraḥ = family(is there?);
jñāte = in the realised state;
tattve = truth;
kaḥ = what (use) is;
saṃsāraḥ = world/family bond;
```

 $m\bar{a} = do not;$ kuru = do/act; dhana = wealth; jana = people; yauvana = youth; garvam = arrogance/haughtiness; harati = takes away/steals away; nimes $\bar{a}t = in$ the twinkling of the eye; kālah = Master Time; sarvam = all; māyā = delusion; mayam = full of/completely filled; idam = this;akhilam = whole/entire; hitv \bar{a} = having given up/abandoned; brahmapadam = the state/position of Brahma/god-realised state; tvam = you; praviśa = enter; viditvā = having known/realised;

Verse 12

dinayāminyau = dina+yAminI, day + night; sāyam = evening; prātaḥ = morning; śiśira = frosty season; vasantau = (and) Spring season; punaḥ = again; āyātaḥ = have arrived; kālaḥ = Master Time; krīḍati = plays; gacchati = goes (away); āyuḥ = life/age; tadapi = tat+api, then even; na = not; muñcati = releases; āśā = desire; vāyuḥ = air (the wind of desire does not let off its hold);

Verse 13

kā te = kA+te, who+your; $k\bar{a}nt\bar{a} = wife;$ dhana = wealth; $gatacint\bar{a} = thinking of;$ $v\bar{a}tula = O mad one!;$ kim = what?; tava = your; nāsti = na+asti, is not there; niyantā = controller; trijagati = in the three worlds; sajjana = good people; samgatirekā = sa.ngatiH+ekA, company+(only) one (way); bhavati = becomes; bhavārnava = bhava+arNava, birth and death+ocean; tarane = in crossing; naukā = boat/ship;

Verse 14

jaṭilaḥ = with knotted hair; muṇḍī = shaven head; luñchitakeśa = hair cut here and there; kāṣāya = saffron cloth; ambara = cloth/sky; bahukṛta = variously done/made-up; veṣaḥ = make-ups/garbs/roles; paśyannapi = even after seeing; ca na = cha+na, and +not; paśyati = sees; mūḍhaḥ = the fool; udaranimittaṃ = for the sake of the belly/living; bahukṛtaveṣaḥ = various make-ups/roles;

Verse 15

```
angam = limb(s);
galitam = weakened;
palitam = ripened(grey);
mundam = head;
daśanavihīnam = dashana+vihInaM, teeth+bereft;
jātam = having become;
tundam = jaws/mouth?;
vrddhah = the old man;
yāti = goes;
grhītvā = holding the;
dandam = stick(walking);
tadapi = then even;
na = not;
muñcati = lets go/releases/gives up;
āśāpiņdam = AshA+pindaM, desire+lump(piNDaM also means rice-ball given;
as oblation for the dead)
```

Verse 16

```
agre = in front of/ahead/beforehand;

vahniḥ = fire ( for worship);

pṛṣṭhe bhānuḥ = pRiShThe+bhAnuH, behind+sun;

rātrau = in the night;

cubukasamarpitajānuḥ = face dedicated to(huddled up between) the knees;

karatalabhikṣaḥ = taking alms in the palms;

tarutalavāsaḥ = living under the trees;

tadapi = then even;

na = not;

muñcati = releases/lets go;

āśā = desire;

pāśaṃ = rope/ties;
```

```
kurute = one takes resort to;
gaṅgāsāgara = the sea of Ganga (banks of the Ganges);
gamanaṃ = going;
vrata = austerities;
paripālanaṃ = observance/governance;
athavā = or/else;
dānaṃ = charity;
jñānavihīnaḥ = (but)bereft of knowledge of the Self;
sarvamatena = according to all schools of thought/unanimously;
muktiṃ = salvation/freedom;
na = not;
bhajati = attains;
janma = birth(s);
śatena = hundred;
```

suramandira = temple of god; taru = tree; mūla = root; nivāsaḥ = living; śayyā = bed; bhūtalaṃ = on the surface of the earth; ajinaṃ = skin (of Antelope); vāsaḥ = living; sarvaparigraha = all attachments; bhogatyāgaḥ = sacrificing/abandonment of enjoyable things/worldly pleasures; kasya = whose; sukhaṃ = happiness; na = not; karoti = does; virāgaḥ = Non-attachment/desirelessness;

Verse 19

yogarataḥ = indulging in yoga; vā = or; bhogarataḥ = indulging in worldly pleasures; vā = or; saṅgarataḥ = indulging in good company;

```
vā = or;
saṅgavihīnaḥ = bereft of company;
yasya = whose;
brahmaṇi = in Brahman(God);
ramate = delights;
cittaṃ = mind (here soul);
nandati = revels;
nandatyeva = nandati+eva, revels alone/revels indeed;
```

```
bhagavad = god's;
gītā = song (here the scripture `bhagavatgItA');
kiñcit = a little;
adhītā = studied;
gangā = river Ganga;
jalalava = water drop;
kaņikāpītā = a little droplet, drunk;
gangājalalavakaņikāpītā = Even a little drop of Ganga water;
sakrdapi = once even;
yena = by whom;
murāri = the enemy of `MurA' (Lord Krishna);
samarcā = well worshipped;
kriyate = is done;
tasya = his;
yamena = by Yama, the lord of Death;
na = not;
carcā = discussion;
```

Verse 21

punarapi = punaH+api, again again; jananam = birth; punarapi = again again; maraṇam = death; punarapi = again again; jananī = mother; jaṭhare = in the stomach; śayanam = sleep; iha = in this world/here; samsāre = family/world; bahudustāre = fordable with great difficulty; kṛpayā'pāre = out of boundless compassion; pāhi = protect; murāre = Oh MurA's enemy!(KriShNa);

Verse 22

rathyācarpaṭa = torn/tattered cloth lying in the street; viracita = created; kanthaḥ = rag; puṇyāpuṇya = virtues sins; vivarjita = without/ having abandoned; panthaḥ = way; yogī = the man seeking union with god; yoganiyojita = controlled by yoga; cittaḥ = mind; ramate = delights; bālonmattavadeva = like a child who has gone mad;

Verse 23

kah = who (are); tvam = you; kah = who(am);aham = I; kutah = whence; $\bar{a}y\bar{a}tah = has come;$ $k\bar{a} = who;$ me = my;jananī = mother; kah = who; me = my;tātah = father; iti = thus; paribhāvaya = deem well/visualise; sarvam = the entire; asāram = worthless/without essence; viśvam = world; tyaktvā = having abandoned/sacrificed; svapna = dream; vicāram = consideration/thinking;

Verse 24

```
tvayi = in yourself;
mayi = in myself;
cānyatraika = cha+anyatra+ekaH, and+in any other place+only one;
viṣṇuḥ = the Lord MahAviShNu;
vyarthaṃ = in vain ; for nothing;purposeless;
kupyasi = you get angry;
mayyasahiṣṇu = mayi+asahiShNuH, in me+intolerant;
bhava = become;
samacittaḥ = equal-minded/equanimity;
sarvatra = everywhere;
tvaṃ = you;
vāñchasi = you desire;
acirād = without delay/in no time;
yadi = if;
viṣṇutvaṃ = the quality/state of Brahman/god-realisation;
```

Verse 25

```
śatrau = in (towards)the enemy;
mitre = in (towards) the friend;
putre = in(towards) the son;
bandhau = in (towards) relatives;
mā = don't;
kuru = do;
yatnam = effort;
vigrahasandhau = for war(dissension) or peace-making;
sarvasminnapi = in all beings;
paśyātmānam = see your own self;
sarvatra = everywhere;
utsrja = give up;
bhedājñānam = difference/otherness/duality;
```

Verse 26

kāmam = desire; krodham = anger;

```
lobham = greed;
moham = infatuation;
tyaktvā'tmānam = having abandoned see as one's own self;
bhāvaya = deem/consider/visualise/imagine;
ko'ham = who am I;
ātmajñāna = knowledge of self;
vihīnā = bereft;
mūḍhā = fools;
te = they;
pacyante = are cooked?;
naraka = in the hell;
nigūḍhā = cast in;
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```
geyam = is to be sung;
gītā = bhagavatgItA;
n\bar{a}ma = name of the lord;
sahasram = 1000 times;
dhyeyam = is to be meditated;
śrīpati = LakShmi's consort MahAviShNu's;
rūpam = form/image;
ajasram = the unborn one;
neyam = is to be lead/taken;
sajjana = good people;
sange = in the company;
cittam = mind;
deyam = is to be given;
dīnajanāya = to the poor (humble state) people;
ca = and;
vittam = wealth;
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Verse 28

sukhataḥ = for happiness; kriyate = is done; rāmābhoga = sexual pleasures?; paścāddhanta = later on in the end; śarīre = in the body; roga = disease; yadyapi = even though; loke = in the world; maraṇa = death; śaraṇaṃ = resort/surrender; tadapi = even then; na = not; muñcati = releases/gives up; pāpācaraṇaṃ = pApa+AcharaNa, sin-practising;

Verse 29

artham = wealth; anartham = purposeless/in vain/danger-productive; bhāvaya = deem/consider/visualise; nityam = daily/always; na = not;asti = is; tatah = from that; sukhaleśah = (even a little) happiness; satyam = Truth; putrādapi = even from the the son; dhana = wealth; bhājām = acquiring people; bhītih = fear; sarvatra = everywhere; $e_{\bar{s}\bar{a}} = this;$ vihit \bar{a} = understood; rītih = procedure/practice/custom;

Verse 30

prāņāyāma = breath-control; pratyāhāra = diet-control; nityaṃ = always/daily/certain; anitya = uncertain/temporary/ephemeral/transient; viveka = awareness after reasoning; vicāra = thought/considered conclusion/opinion; jāpyasameta = with chanting of the names of the lord; samādhividhāna = in the state of trance; kurvavadhānaṃ = pay attention;

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mahadavadhānam = great care attention;
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gurucaraṇāmbuja = the lotus feet of the teacher/guru; nirbhara = dependent; bhaktaḥ = devotee; saṃsārāt = from the world; acirādbhava = in no time from the cycle of birth and death; muktaḥ = released; sendriyamānasa = sa+indriya+mAnasa, with senses and mind; niyamādeva = control alone(niyamAt eva); drakṣyasi = you will see; nija = one's own; hṛdayasthaṃ = heart-stationed; devaṃ = God;

भज गोविन्दं

भज गोविन्दं भज गोविन्दं गोविन्दं भज मूढमते । सम्प्राप्ते सन्निहिते काले नहि नहि रक्षति डुकृङ्करणे ॥ १॥

मूढ जहीहि धनागमतृष्णां कुरु सदबुद्धिं मनसि वितृष्णाम् । यल्लभसे निजकर्मोपात्तं वित्तं तेन विनोदय चित्तम् ॥ २॥

नारीस्तनभरनाभीदेशं दृष्ट्वा मा गा मोहावेशम् । एतन्मांसवसादिविकारं मनसि विचिन्तय वारं वारम् ॥ ३॥

नलिनीदलगतजलमतितरलं तद्वज्जीवितमतिशयचपलम् । विद्धि व्याध्यभिमानग्रस्तं लोकं शोकहतं च समस्तम् ॥ ४॥

यावद्वित्तोपार्जनसक्त-स्तावन्निजपरिवारो रक्तः । पश्चाज्जीवति जर्जरदेहे वार्ता कोऽपि न पृच्छति गेहे ॥ ५॥

यावत्पवनो निवसति देहे तावत्पृच्छति कुशलं गेहे । गतवति वायौ देहापाये भार्या बिभ्यति तस्मिन्काये ॥ ६॥

बालस्तावत्क्रीडासक्तः तरुणस्तावत्तरुणीसक्तः । वृद्धस्तावच्चिन्तासक्तः परमे ब्रहमणि कोऽपि न सक्तः ॥ ७॥ var परे

का ते कान्ता कस्ते पुत्रः संसारोऽयमतीव विचित्रः । कस्य त्वं कः कुत आयात-स्तत्त्वं चिन्तय तदिह भ्रातः ॥ ८॥

सत्सङ्गत्वे निस्सङ्गत्वं

p. 24 of 26

अग्रे वहिनः पृष्ठे भानुः रात्रौ चुबुकसमर्पितजानुः । करतलभिक्षस्तरुतलवास-स्तदपि न मुञ्चत्याशापाशः ॥ १६॥

अङ्गं गलितं पलितं मुण्डं दशनविहीनं जातं तुण्डम् । वृद्धो याति गृहीत्वा दण्डं तदपि न मुञ्चत्याशापिण्डम् ॥ १५॥

जटिलो मुण्डी लुञ्छितकेशः काषायाम्बरबहुकृतवेषः । पश्यन्नपि च न पश्यति मूढो हयुदरनिमित्तं बहुकृतवेषः ॥ १४॥

द्वादशमञ्जरिकाभिरशेषः कथितो वैयाकरणस्यैषः । उपदेशोऽभूद्विद्यानिपुणैः श्रीमच्छड्करभगवच्छरणैः ॥ १३अ ॥

स्तदपि न मुञ्चत्याशावॉयुः ॥ १२॥ का ते कान्ता धनगतचिन्ता वातुल किं तव नास्ति नियन्ता । त्रिजगति सज्जनसङ्गतिरेका भवति भवार्णवतरणे नौका ॥ १३॥

ब्रहमपदं त्वं प्रविश विदित्वा ॥ ११॥ दिनयामिन्यौ सायं प्रातः शिशिरवसन्तौ पुनरायातः । कालः क्रीडति गच्छत्यायु-

मायामयमिदमखिलं हित्वा var बुध्वा

वयसि गते कः कामविकारः शुष्के नीरे कः कासारः । क्षीणे वित्ते कः परिवारः ज्ञाते तत्वे कः संसारः ॥ १०॥

मा कुरु धनजनयौवनगर्वं हरति निमेषात्कालः सर्वम् ।

निस्सङ्गत्वे निर्मोहत्वम् । निर्मोहत्वे निश्चलतत्त्वं निश्चलतत्त्वे जीवन्मुक्तिः ॥ ९॥

शत्रौ मित्रे पुत्रे बन्धौ मा कुरु यत्नं विग्रहसन्धौ । सर्वस्मिन्नपि पश्यात्मानं सर्वत्रोत्सृज भेदाज्ञानम् ॥ २५॥

त्वयि मयि चान्यत्रैको विष्णु-र्व्यर्थं कुप्यसि मय्यसहिष्णुः । भव समचित्तः सर्वत्र त्वं वाञ्छस्यचिराद्यदि विष्णुत्वम् ॥ २४॥

कस्त्वं कोऽहं कुत आयातः का मे जननी को मे तातः । इति परिभावय सर्वमसारम् विश्वं त्यक्त्वा स्वप्नविचारम् ॥ २३॥

रथ्याचर्पटविरचितकन्थः पुण्यापुण्यविवर्जितपन्थः । योगी योगनियोजितचित्तो रमते बालोन्मत्तवदेव ॥ २२॥

पुनरपि जननं पुनरपि मरणं पुनरपि जननीजठरे शयनम् । इह संसारे बहुदुस्तारे कृपयाऽपारे पाहि मुरारे ॥ २१॥

भगवद्गीता किञ्चिदधीता गङ्गाजललवकणिका पीता । सकृदपि येन मुरारिसमर्चा क्रियते तस्य यमेन न चर्चा ॥ २०॥

योगरतो वा भोगरतो वा सङ्गरतो वा सङ्गविहीनः । यस्य ब्रहमणि रमते चित्तं नन्दति नन्दति नन्दत्येव ॥ १९॥

सुरमंदिरतरुमूलनिवासः शय्या भूतलमजिनं वासः । सर्वपरिग्रहभोगत्यागः कस्य सुखं न करोति विरागः ॥ १८॥

कुरुते गङ्गासागरगमनं व्रतपरिपालनमथवा दानम् । ज्ञानविहीनः सर्वमतेन मुक्तिं न भजति जन्मशतेन ॥ १७॥ var भजति न मुक्तिं कामं क्रोधं लोभं मोहं त्यक्त्वाऽऽत्मानं भावय कोऽहम् । var पश्यति सोऽहम् आत्मज्ञानविहीना मूढा-स्ते पच्यन्ते नरकनिगूढाः ॥ २६॥

गेयं गीतानामसहस्रं ध्येयं श्रीपतिरूपमजस्रम् । नेयं सज्जनसङ्गे चित्तं देयं दीनजनाय च वित्तम् ॥ २७॥

सुखतः क्रियते रामाभोगः पश्चाद्धन्त शरीरे रोगः । यद्यपि लोके मरणं शरणं तदपि न मुञ्चति पापाचरणम् ॥ २८॥

अर्थमनर्थं भावय नित्यं नास्तिततः सुखलेशः सत्यम् । पुत्रादपि धनभाजां भीतिः सर्वत्रेषा विहिता रीतिः ॥ २९॥

प्राणायामं प्रत्याहारं नित्यानित्य विवेकविचारम् । जाप्यसमेतसमाधिविधानं कुर्ववधानं महदवधानम् ॥ ३०॥

गुरुचरणाम्बुजनिर्भरभक्तः संसारादचिराद्भव मुक्तः । सेन्द्रियमानसनियमादेवं द्रक्ष्यसि निजहृदयस्थं देवम् ॥ ३१॥